



Bible Pathway Adventures

WORKSHEET

CAIN & ABEL WORD SCRAMBLE

1. EGEINSS: _____
2. DAMA: _____
3. ODG: _____
4. RBOTEHR: _____
5. VEE: _____
6. CIAN: _____
7. OUNGRD: _____
8. MNUHEISNPT: _____
9. BALE: _____
10. DON: _____
11. HAWEYH: _____
12. CONEH: _____
13. AMRFER: _____
14. RHHSPEED: _____



*Answers: 1. genesis 2. adam 3. God 4. brother 5. eve 6. cain 7. ground
8. punishment 9. abel 10. nod 11. Yahweh 12. enoch 13. farmer 14. shepherd*

Genesis 4: 1-10

vs 1-2a	vs 2b	vs 3-4a	vs 4b-5a
vs 5b-6	vs 8	vs 10	What is the main thing YOU can learn from this story?

Cool your

anger down

before it

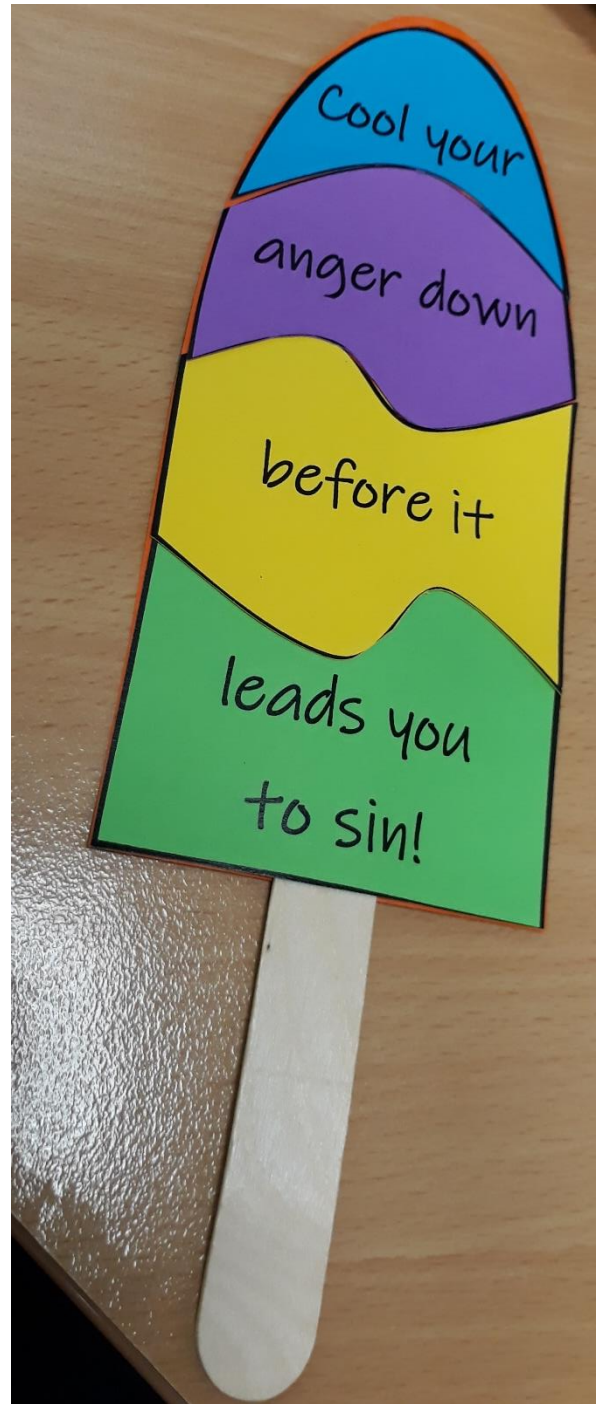
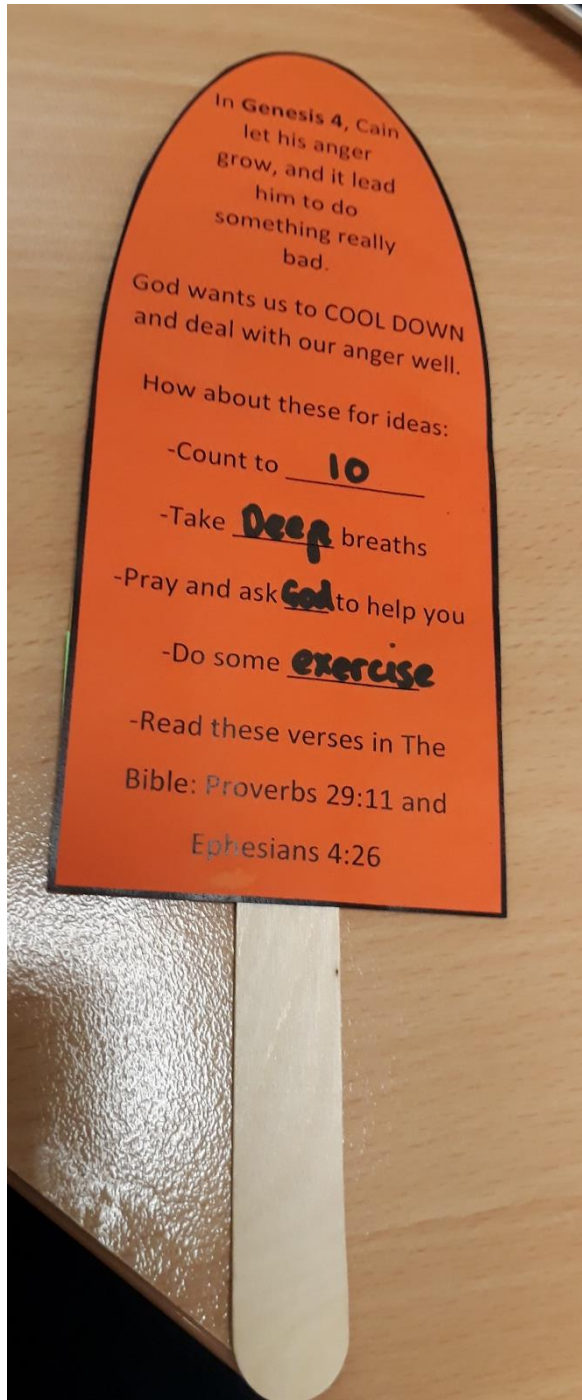
leads you
to sin!

In **Genesis 4**, Cain
let his anger grow,
and it led him to
do something
really bad.

God wants us to COOL DOWN
and deal with our anger well.

How about these for ideas:

- Count to _____
- Take _____ breaths
- Pray and ask ___ to help you
- Do some _____
- Read these verses in The
Bible: Proverbs 29:11 and
Ephesians 4:26



In Genesis 4
we learn that if we let our
anger grow it can
lead us to more and more
Sin.

When we let our
anger out in a
bad way it hurts
ourselves and others.

Controlling our anger is a bit
like squeezing out
toothpaste.
Once the toothpaste
is out, you can't
put it back in.
If you let it out too fast, it can
make a mess.

Proverbs 29: 11

"Foolish people let their
anger run wild.
But wise people keep
themselves under control"

Ephesians 4:26

"Do not let the sun go down
while you are still angry"

In other words: Be careful
how you deal with your
anger. If you are still angry
after you brush your teeth at
night....pray, say sorry if you
need to, and forgive others
before you put your head on
the pillow!



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